

Meet  
**MAT**

the Multiple Applications Table

**The MAT table is a 5-in-1 combination treatment table and multi-function exercise table-that takes up less space than the 5 machines it can replace!!**

- It's a multiple applications workout platform
- It's a mobilization/treatment table
- It's a traction table
- It's a pulley system
- It's a tilt /inversion table

Perfect for outpatient clinics, rehab centers, hospitals, physical/occupational therapists and chiropractors.

1. The MAT table provides stability and confidence when used by our heavier, older, and less mobile patients.
2. It benefits the therapists and patients because it's easier to get on and off this table.
3. This reduces injury risk levels for all.
4. Improves outcomes by making it easier to exercise in new and safe ways.
5. Digital scales help with feedback to limit weight bearing when needed.
6. The MAT reduces costs as it has multiple functions with only one table.



## About the Multiple Applications Table (meet MAT)

In 2011 Physical Therapist Brian Scherff began building different types of treatment tables after observing several patients fall off the Total Gym training system in a clinic. He recognized that existing products often weren't suitable for clients who were weaker, more debilitated, or obese—in other words, the ones who have the most difficulty using current equipment.

*"What a great idea; great invention."*

*-Susan Anderson PTA*

He wanted to invent a piece of equipment to enable anyone to do squats without the fear and gingeriness people feel using existing PT machines. That dream inspired The MAT Table - a *NEW* PT treatment table with multiple applications. With its increased width, girth, stability, and adjustability, clients will be confident using the MAT Table, resulting in better patient outcomes and more commitment to complying with the PT directives.

*I like to use the table. It is the only thing that has helped reduce my hip pain.*

*-Patient Hellen Kingsberry*



*"I have noticed our patients love the MAT table. It's easy to get onto, and has so many gentle things to do on it."*

*-Lori Bayer Rehab Director, Alamo Nursing Home and Rehabilitation*

*"I love to use it, it strengthens my knee. The digital scale helps me know how much weight I am putting on my leg."*

*-Patient Pat Miles*

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**Manufactured by  
Excellence in Rehabilitation  
Kalamazoo, Michigan, USA**

# THE MAT MULTIPLE APPLICATIONS TABLE

## 1. Workout Platform Unlike Anything on the Market

- Incline leg workouts with resistance of body
- Digital scales to monitor weight bearing
- Multiple ankle functions available only with the MAT



## 2. Great Treatment or Manipulation Table

- Fully electric high/low table
- Opening for head to keep spine neutral
- Tilttable, head down or head up, to aid in movement and mobilization



## 3. Unique and Versatile Traction Table

- Traditional mechanical traction table
- Self-traction using table tilt and patient assistance
- Manual traction assisted by inversion tilt table



## 4. Pulley System

- Patients can sit on table to use pulley
- Patients can stand next to table to use pulley
- Patients can wheel up in wheelchair to use pulley
- May be used by athletes or patients with limited arm flexibility



## 5. Tilt or Inversion Table That Goes -7 to 45 Degrees:

- May be used as a traditional tilt table to 45 degrees
- Patient may do inversion to 45 degrees
- Patient can stay on the table to do arm or leg exercises

